

Daily Toddler Home Schedule

July, Week of July 29th-August 2nd

For children ages 1 to 2 | EatCleanPlayHard.com

Activity	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<u>Powdered Paint Splash</u>	<u>Flower Painting</u> from <u>Learn Create Love</u>	<u>Pick Up Blocks! Fine Motor Fun</u> from <u>Hands on As We Grow</u>	<u>Texture Dance</u>	<u>Edible Finger Paint</u> from <u>One Hungry Mama</u>
Outside	<u>Garden Pretend Play in the Sandbox</u>	<u>Water Beads in the Splash Pool</u> from <u>Learn Play Imagine</u>	<u>Outdoor Body Painting</u> from <u>Cute and Peculiar</u>	<u>There's a Commotion in the Ocean Literacy Bag</u>	<u>DIY Sprinkler Fun</u> from <u>Housing a Forest</u>
Afternoon	<u>Relaxing Lilac Rice Sensory Bin</u>	<u>DIY Easy Book Page Puzzles</u>	<u>Basting Water Fine Motor Builder</u>	<u>Marble Pop for Toddlers</u> from <u>Buggy and Buddy</u>	<u>Hula Hoop Ball Roll</u>



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Supply List

Powered paint	Splash pool
White card stock	Metal strainer
Water	Cup or measuring cup
Containers for paint	Large piece of butcher paper
Paper plate	A few colors of washable finger paints
Tempera paint	Two buckets with a small amount of water
Fresh flowers	Paintbrushes
Kitchen tongs	There's a Commotion in the Ocean by Giles Andreae
Blocks	Ocean animals
Container	Printable ocean movement cards from Toddler Approved!
Sand paper	A plastic bottle
Blanket	A transparent plastic bag
Felt	Blue food dye
Magazine or paper	String
Shaggy rug or scratch rug	Sturdy Plastic Bottle
Damp towel	Tyvek Tape
Changing pad or pillow	Drill
All natural food color	Garden Hose
Greek yogurt	2-3 standard sized bags of white rice
Silk flowers in a variety of colors	2.5 gallon Ziploc bag
Watering can	Purple food coloring
Kid-friendly hand hoe	20-30 drops of lavender essential oil
Kid-friendly spade	Seashells
Plastic flowerpots	A small, cloth bag
Water beads	Bin for playing in

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Printer

Your child's favorite book with simple illustrations

2 bowls or plastic containers

A kitchen baster

Empty canister (from coffee or oatmeal)

Some marbles

A variety of balls, various colors, sizes, textures, and bounciness

A hula-hoop

Do In Advance

Die & Scent Rice for Lavender Rice Bin

Create book page puzzles

Make your jellyfish in a bottle

Print ocean creature movement pages